

Federation of State Physician Health Programs Annual Education Conference

Enhancing the Effectiveness of Professional Health Programs
Through Collaboration: Improving Health and Well-Being

April 17-21, 2024
Nashville, Tennessee



Federation of State Physician
Health Programs



Welcome

FSPHP 2024 ANNUAL EDUCATION CONFERENCE & BUSINESS MEETING
Enhancing the Effectiveness of Professional Health Programs
Through Collaboration: Improving Health and Well-Being
April 17-21, 2024 | Grand Hyatt, Nashville, TN

Scott Hambleton, MD, DFASAM
FSPHP President
Chair, Mississippi Physician Health Committee,
Mississippi Physician Health Program

Linda Bresnahan, MS, FSPHP Executive
Director

 Federation of State Physician
Health Programs





Together We Thrive: The Impact of the ADA Wellness Ambassador Program

Felicia Bogen, MEd, Julie Spencer, DDS

Source: ADA Wellness Ambassador Program. Presented at the 2023 ADA National Conference, October 16-19, 2023, Las Vegas, NV. ADA National Conference, October 16-19, 2023, Las Vegas, NV.

Abstract and Introduction

The safety of patients, safeguarding the health of dental providers, and the well-being of dental professionals are interconnected. Maintaining good health is essential for dental professionals to provide high-quality care. The American Dental Association (ADA) is committed to supporting dental professionals in achieving their health and well-being. The ADA Wellness Ambassador Program (WAP) was developed to address the needs of dental professionals and their families. This poster presents the findings from the 2023 ADA Wellness Ambassador Program. The findings are organized into four main sections: Objectives, Methods, Results, and Conclusions.

Objectives

1. Lay the steps for the American Dental Association to develop the Wellness Ambassador Program and evaluate the Wellness Ambassador's impact on dental professionals and their families.
2. Lay the steps for the American Dental Association to develop the Wellness Ambassador Program and evaluate the Wellness Ambassador's impact on dental professionals and their families.

Methods

In 2022, the ADA Wellness Ambassador Program was launched with a group of 100 Wellness Ambassadors. The program was designed to provide dental professionals with the resources and support they need to improve their health and well-being. The program includes a variety of resources, including a wellness curriculum, a wellness toolkit, and a wellness community. The program also includes a variety of activities, including a wellness challenge, a wellness summit, and a wellness conference.

Results

The program has had a significant impact on dental professionals and their families. The program has provided dental professionals with the resources and support they need to improve their health and well-being. The program has also provided dental professionals with the opportunity to connect with other dental professionals and their families. The program has been well-received by dental professionals and their families, and it is expected to continue to have a positive impact on the dental profession.

Conclusions

The ADA Wellness Ambassador Program is a successful program that has provided dental professionals with the resources and support they need to improve their health and well-being. The program has also provided dental professionals with the opportunity to connect with other dental professionals and their families. The program has been well-received by dental professionals and their families, and it is expected to continue to have a positive impact on the dental profession.







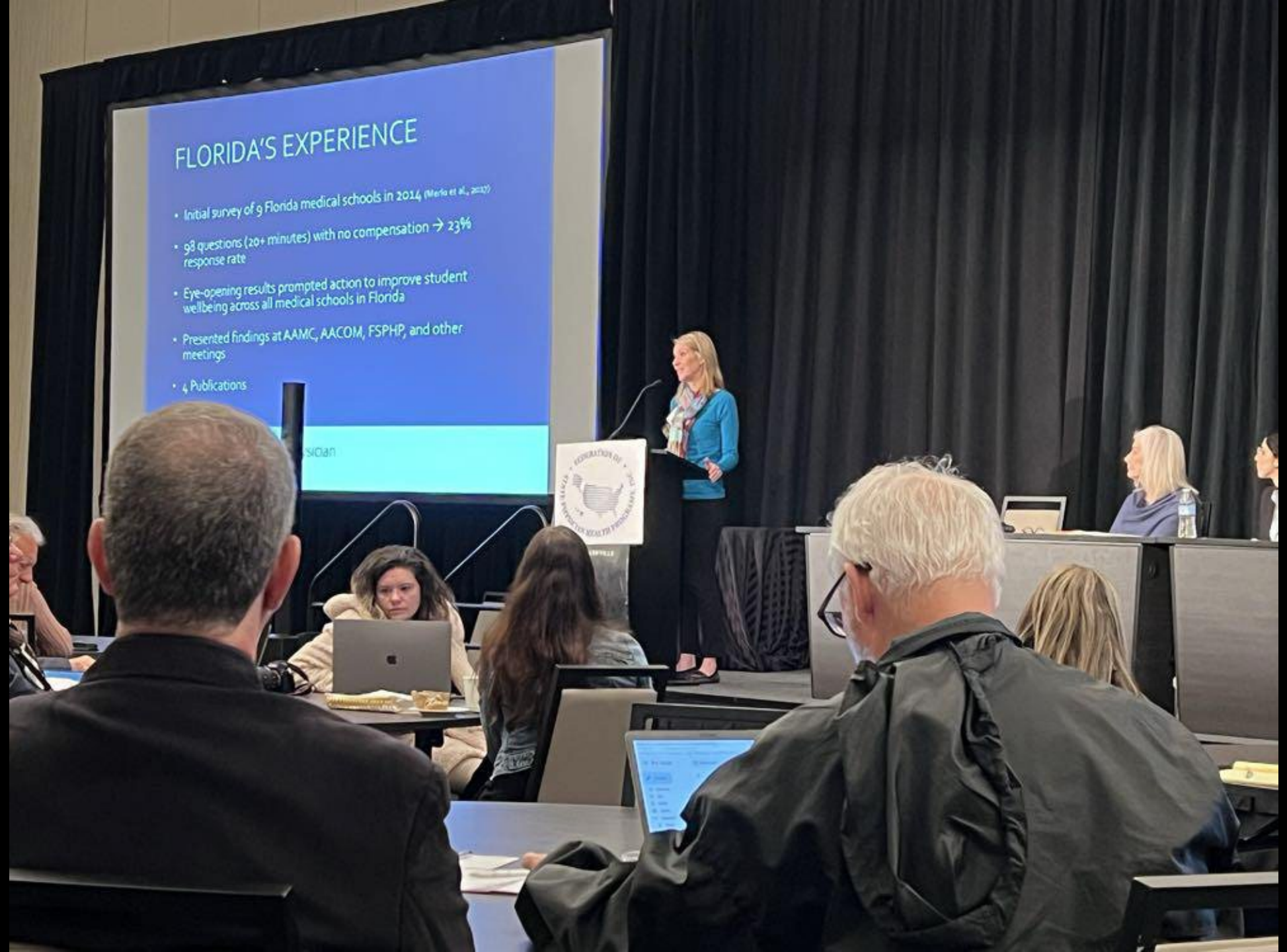




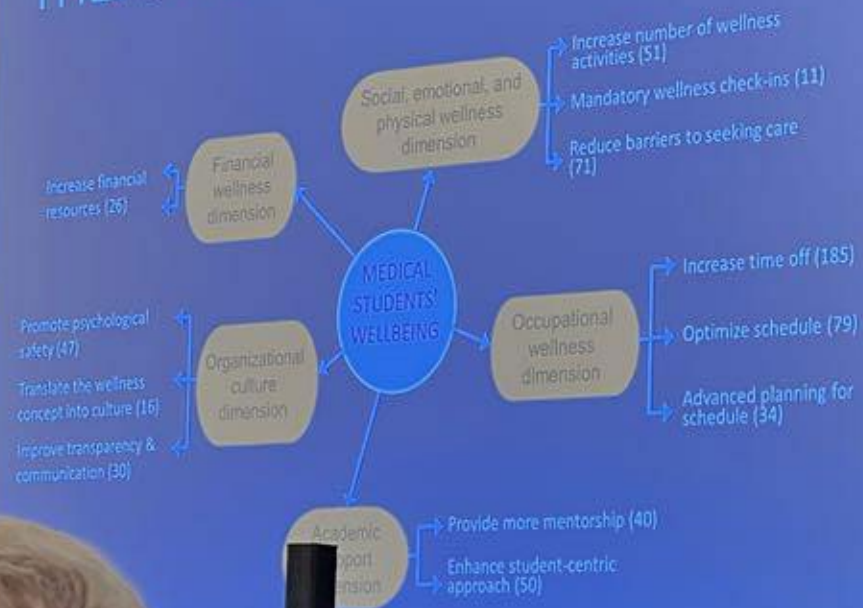


FLORIDA'S EXPERIENCE

- Initial survey of 9 Florida medical schools in 2014 (Merlo et al., 2017)
- 98 questions (20+ minutes) with no compensation → 23% response rate
- Eye-opening results prompted action to improve student wellbeing across all medical schools in Florida
- Presented findings at AAMC, AACOM, FSPHP, and other meetings
- 4 Publications



THEMATIC ANALYSIS



Division of State Physician
Programs

Nashville, TN
April 17-21, 2024





Agenda

1. Identify a framework that guides the Return to Work (RTW) practice in supporting physicians as they reintegrate to clinical workplaces after a medical leave.
2. Demonstrate practical application of the RTW process utilized by the Ontario PHP.
3. Identify strategies to address current challenges and systemic barriers.



















PIZZERIA
AL TAGLIO
MEMPHIS

MON-FRI
7 A.M. - 3:30 P.M.

SAT & SUN
7:30 A.M. - 3 P.M.

**REP. JOHN LEWIS WAY S. &
KOREAN VETERANS BLVD.**

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TDH Mission, Vision, and Values

- ★ **Mission:** Protect, promote, and improve the health and well-being of all people in Tennessee
- ★ **Vision:** Healthy people, healthy communities, healthy Tennessee
- ★ **Values:** Trust, Compassion, Service, Excellence

NEW AND IMPROVED









Physician Well-being 2.0:
Where are we and where are we going?

Tait Shanafelt, MD

Chief Wellness Officer, Stanford Medicine
Jeanie and Stewart Ritchie Professor of Medicine
Associate Dean, Stanford School of Medicine



2024 Member Service Awards

The 2022-2024 Member Service Awards honor the following Board of Directors in appreciation of their outstanding service to the Federation:



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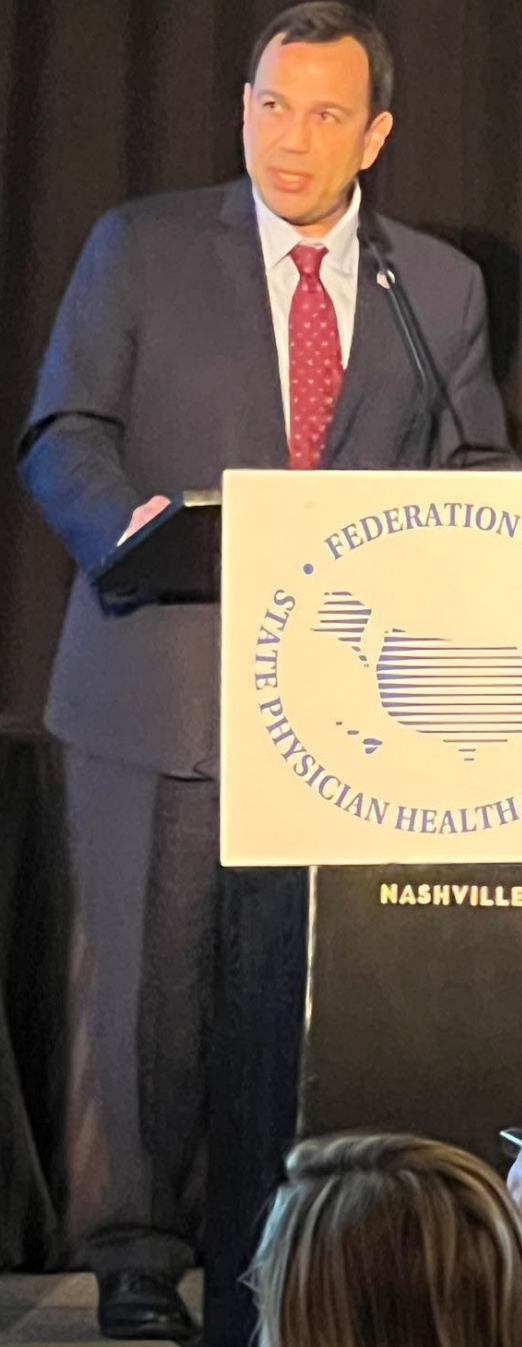
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Thank you

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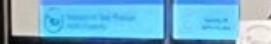
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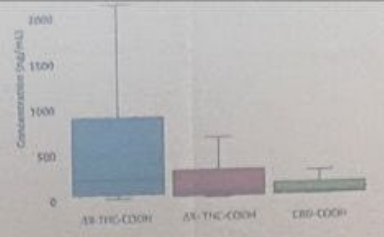


Organization & Structure



In 2016, loopholes have left the cannabis industry widely unregulated in regards to cannabinoids. The psychoactive compound, Δ^9 -tetrahydrocannabinol (Δ^9 -THC), remains a schedule I drug, although legalization at the state level has spread throughout the country. Synthetic cannabinoids are less popular with Δ^9 -THC increasing, also the market, cannabinoid (CBD). Δ^8 -THC may evade drug metabolites or confirmation of THC. Confusion results can make physician health p...

The aim of this study was to...



Metabolite Combinations (%) in Positively Confirmed Specimens



One of the most common metabolites. Positivity rates for Δ^9 -THC-COOH and Δ^8 -THC-COOH were 87% and 32%, respectively. There were 893 positives for Δ^9 -THC-COOH (median = 218 ng/ml; IQR: 53, 895), 330 positives for Δ^8 -THC-COOH (median = 62 ng/ml; IQR: 24, 305) and 39 positives for CBD-COOH (median = 53 ng/ml; IQR: 31, 148). Multiple metabolites were identified in several specimens, with 196 positives for Δ^9 -THC-COOH + Δ^8 -THC-COOH (19%), 33 positives for Δ^9 -THC-COOH + CBD-COOH (3%) and 15 positives for all three cannabinoid metabolites (1%). Interestingly, 134 specimens were positive for Δ^8 -THC-COOH in the absence of Δ^9 -THC-COOH.

CONCLUSION

This study reported observations of three cannabinoid urinary metabolites in a high-risk population. In the majority of the cases, Δ^9 -THC-COOH was the predominant cannabinoid, but we found evidence of Δ^8 -THC and CBD consumption in approximately 32% of our cannabinoid positive cases, indicating cannabinoid use could be missed when toxicology testing is for Δ^9 -THC alone.

REFERENCES

Holmberg A, Johansson M, Andersson A, Vilén T. (2022) Analytical and medico-legal problems linked to the presence of meta-6-tetrahydrocannabinol (meta-6-THC): Results from urine drug testing in Sweden. *Drug Testing and Analysis* 14(2): 375-378.

LuPone C.R., Hueston M.E., Winters S.T., Zhou Z., Chou B., Sussman D.V. (2022) Meta-6-tetrahydrocannabinol: a scoping review and commentary. *Addiction*, 117(8): 1011-1028.

Meredith R., Parker L.A., Galley R. (2002) Cannabidiol: an overview of some pharmacological aspects. *The Journal of Clinical Pharmacology* 42(2): 115-126.



















Item #13

Thistle Farms / Mission Lazarus Leather Laptop Sleeve



Item Description: A soft raw leather look, this envelope style laptop case has a sleek and classic design. Slim and lightweight, this case easily slides into a briefcase or backpack.

- Designed to fit a 13" laptop
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10,000+

127,115

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family program
pain/grief/trauma therapy

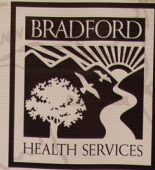


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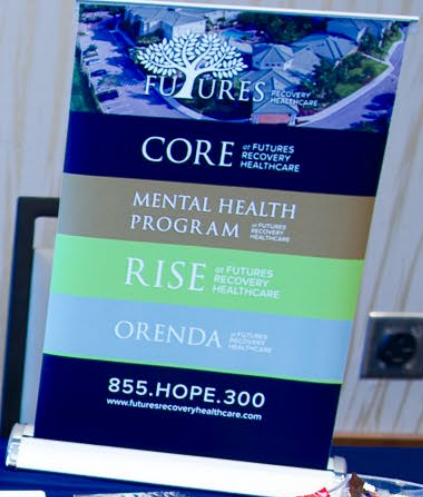
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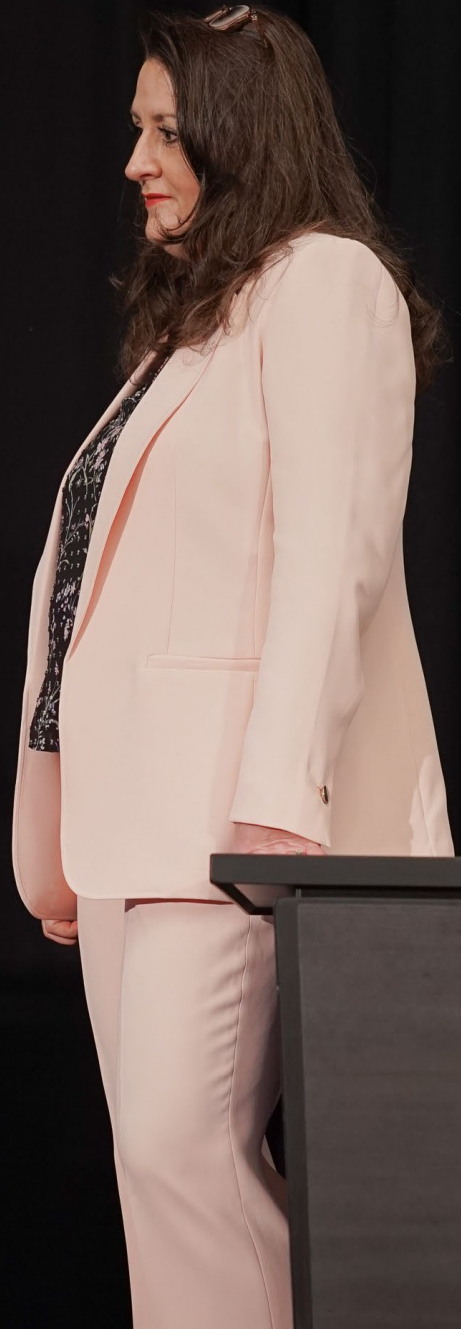




















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PERFORMANCE OF THE YEAR
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AND COMMITMENT
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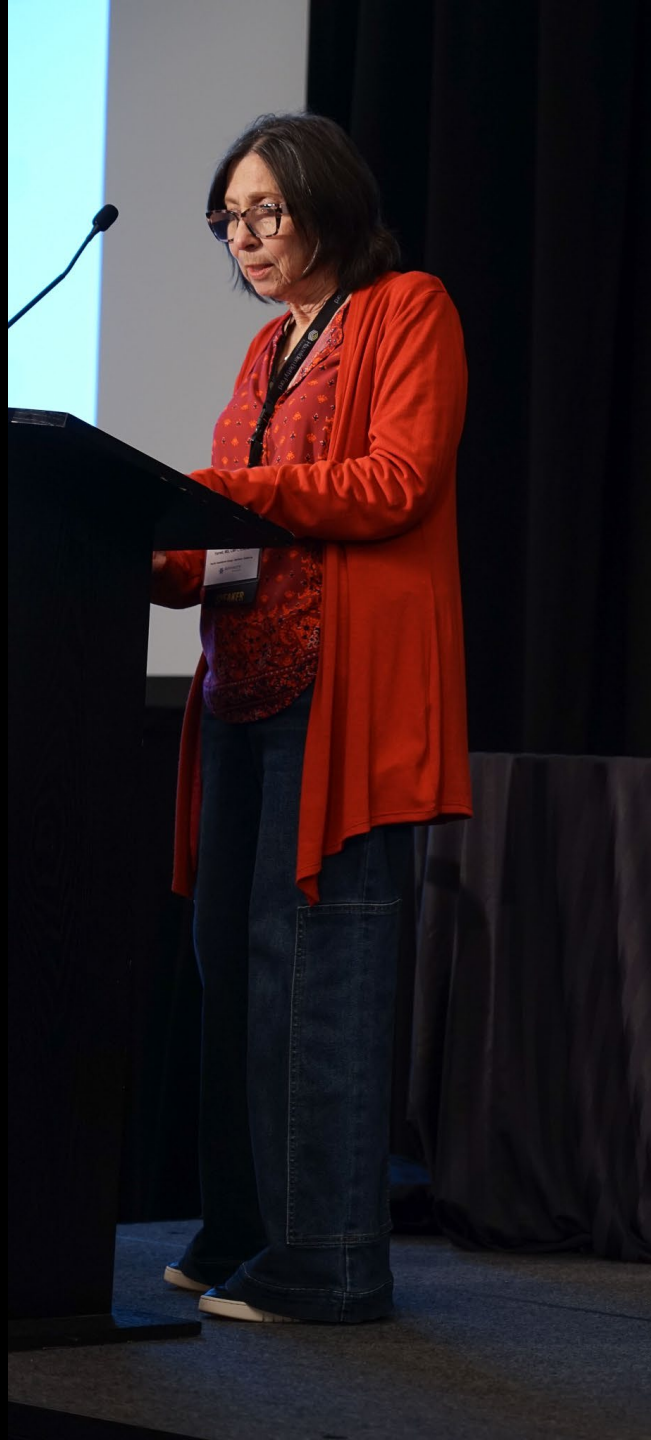
42 CFR PART 2
Federal law to protect patient records related to the treatment of substance use disorders. (Prompts state laws, unless state law is more stringent)
HIPAA's law recently revised
► To align with HIPAA to improve coordination of care while maintaining confidentiality protection against unauthorized disclosure and use



















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Robert
Simpson, MD



Continuing
Interventions as Core

to Physician Health Program, Medi
Health Program

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SHVILLE



Mary Ellen
PROGRAM
COMMITTEE



- helpful.
- (Extensive review of literature and con, in Fleming's work)
- Raises important questions regarding how much effort to put into these interve

AMS, INC



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Sarah
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- Instructions:
1. On your table find your instrument and follow a different route!
 2. When the music plays, find your instrument
 3. At that table – follow the route







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Colorado Physician Health Program
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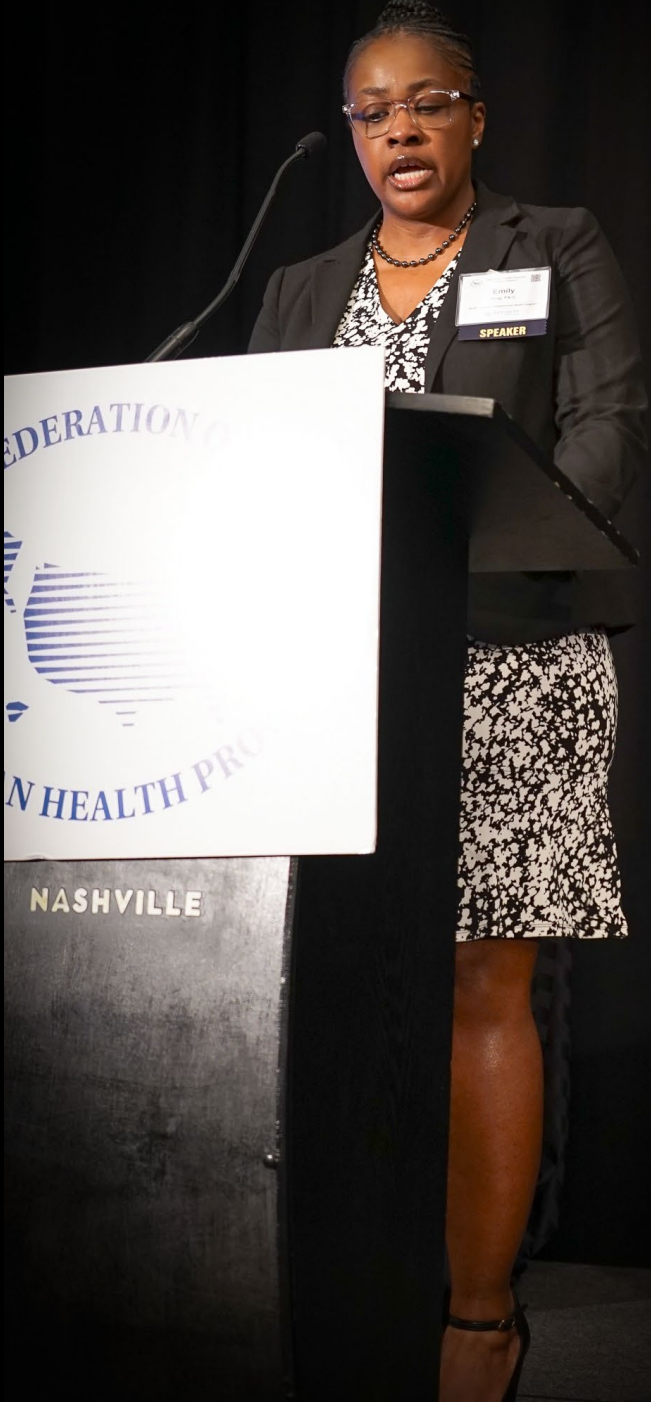
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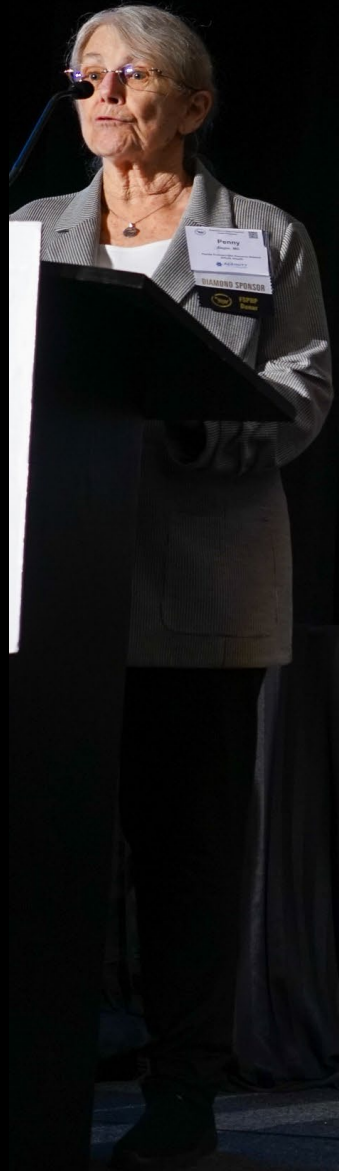
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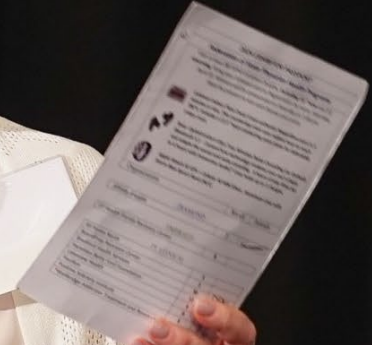
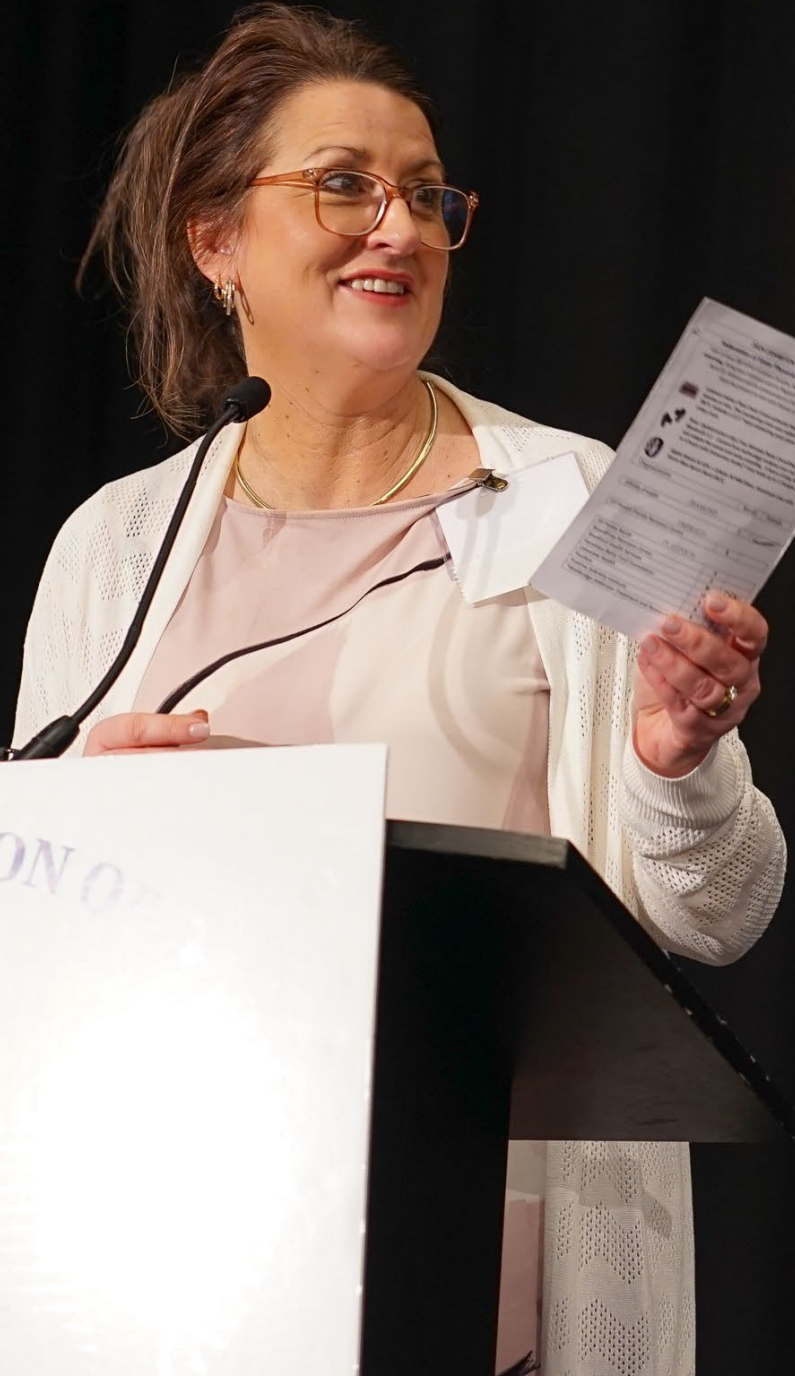
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Neurophysiological assessment

- Acute state
- In vivo
- Chronic pain
- Pain theory
- Pain in practice
- Pain in the workplace
- Pain in the home
- Pain in the community



PHYSICS
STATISTICS













NASHVILLE







Where We Thrive: The Impact of the ADA Wellness Ambassador Program

Falicia Simon, MD, Julie Sporn, D.D.S.
Presented by Falicia Simon, MD, Julie Sporn, D.D.S.
Dr. Simon is the Manager, Dental Team Health and Well-Being at the American Dental Association. Dr. Sporn is the Manager, Dental Team Health and Well-Being at the American Dental Association.

Objectives

The American Dental Association took to develop the Wellness Ambassador Program to educate the Wellness Ambassadors about organizations such as the Federation of State Medical Boards (FSMB) and their tools, resources and member benefits. This was facilitated by Dr. Chris Bunty and Dr. Anirangana at the ADA Health and Well-Being Summit in September 2023.


Examples of topics and project types completed by the first group of ADA Wellness Ambassadors (new dentists and one leader from the Alliance of the ADA, representing dental offices).

How the first group of ADA Wellness Ambassadors' collective work raised awareness about wellness issues including mental health issues at the state and local levels including state boards of dental examiners, and at the national level.

Increase the Ambassadors' confidence in connecting their dental colleagues to existing resources such as their own state's Physicians Health Program (PHP), the national FSMB or to a new program being developed. Ambassadors were provided a 2-year membership in the American Dental Association (ADA) and a 2-year membership in the American Academy of Dental Medicine (AADM). Dr. William Hamel II and Dr. Julie Sporn, are presenting at the 2024 ADA Annual Meeting with the panel titled "Where Have All the Dentists Gone?" on Friday, April 12, 2024.

Results

New dental-specific promotion toolkit was developed by an ADA Wellness Ambassador, Dr. Karen Farnes in collaboration with the American Foundation for Suicide Prevention (AFSP).



JOURNAL OF DENTAL EDUCATION

Are we well? A post-pandemic era of wellness, well-being, and fulfillment.

Outcomes

In 2023, the ADA Wellness Ambassador Program was the first ambassador to assist the ADA in:

- Expanding the awareness of physical and mental health challenges faced in the dental profession.
- Providing the need to provide resources at state and local levels.
- Supporting the need to provide resources at state and local levels.
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Meeting Women Physicians Where They Are

A Multisector Approach to Reducing Barriers to Advancing Careers

Juliana M. Brown, MD, MSc, and Rebecca M. Green, MD, MSc
The University of Michigan Health System

Introduction

- Physician burnout is a growing problem.
- Physician burnout is a leading cause of attrition from the workforce and a barrier to patient care.
- Women physicians experience higher burnout rates than their male counterparts.
- Healthcare organizations address the challenges of physician burnout through various strategies, but support and advocacy for women physicians.

Methods

- Developed and implemented the Women's Career Advancement Program (WCAP) at the University of Michigan Health System.
- Utilized a multisector approach, involving clinical, administrative, and academic leaders.
- Implemented WCAP in 2018 and evaluated its impact on physician burnout and career advancement.

Results

- WCAP has been successful in addressing the needs of women physicians and reducing burnout.
- Key findings include the importance of mentorship, flexible work arrangements, and professional development opportunities.

Conclusion

- Meeting women physicians where they are is essential for reducing burnout and advancing their careers.
- Healthcare organizations should adopt a multisector approach to address the unique challenges of women physicians.





