

Federation of State Physician Health Programs



# 2021 VIRTUAL EDUCATION CONFERENCE & ANNUAL BUSINESS MEETING

World Disrupted: Caring for Caregivers in Uncertain Times

Pre-Conference Day: MARCH 30

Conference Dates: APRIL 1, 8 & 15

FSPHP Member Annual Business Meeting: APRIL 29

## ATTENDEE REGISTRATION INFORMATION



**JOIN US AS WE EXCEED YOUR EXPECTATIONS AND RISE ABOVE OUR CHALLENGES!**

### CONFERENCE HIGHLIGHTS INCLUDE:

- Connect with leaders in the field of professional health and well-being
- Interactive virtual exhibitor booths
- Ability to connect live with MORE attendees than ever before
- Engaging general and breakout sessions with experts including Q&A, Chat, Polls, & Interactive Contests and Games
- Poster Symposiums Showcase with Recorded Informative Sessions
- Ability to schedule and attend live networking breakouts
- Peer Support Meetings & Silent Auction



*This activity has been approved for AMA PRA Category 1 Credit.*

Visit [WWW.FSPHP.ORG](http://WWW.FSPHP.ORG)

Contact us at [ssavage@fsphp.org](mailto:ssavage@fsphp.org)/978-347-0600



## An Invitation to Attend from the President of FSPHP

I would like to invite you to attend the **FSPHP 2021 Virtual Education Conference & Annual Business Meeting - *World Disrupted: Caring for Caregivers in Uncertain Times***. The FSPHP Program Planning Committee (PPC) has been working hard to create a unique and unprecedented event that I am very excited about!

Although I am disappointed that we will not be able to meet in-person in 2021, the PPC and I are excited to have the ability to provide an engaging experience with valuable content, peer support meetings, networking, interactivity opportunities, and an engaging virtual exhibitor experience with our industry partners and attendees.

Our in-person annual conference is typically attended by over 250 state physician health program administrators, care providers, and allied health professionals dedicated to the mission of the FSPHP and its member state programs, but we anticipate an increase in attendance for our 2021 virtual event. One benefit of not hosting an in-person conference is the financial savings associated with business travel, and we hope and encourage organizations to now register as many staff persons as possible for the **FSPHP 2021 Virtual Education Conference & Annual Business Meeting**.

The FSPHP staff and Program Planning Committee are here to help facilitate a successful conference for all involved. Please do not hesitate to reach out to us with any questions that you may have.

I look forward to 'seeing' you next spring!

Regards,

Christopher Bundy, MD, MPH, FASAM  
FSPHP President

## Who We Are

The FSPHP is a nonprofit corporation whose purpose is to provide a forum for education and exchange of information among state physician health programs; to develop common objectives and goals; to develop guidelines; to enhance awareness of issues related to physician health and impairment; to provide advocacy for physicians and their health issues at local, state, and national levels; and to assist state programs in their quest to protect the public. Our mission is to support physician health programs in improving the health of medical professionals, thereby contributing to quality patient care.

## Who Should Attend

The program is designed for health care professionals and physicians of all specialties, physician assistants, psychologists, attorneys, physical therapists, case managers, nurses, licensed social workers, toxicologists, scientific researchers, and clinical coordinators who partner with Physician Health and Health Professional Programs to improve physician and healthcare professional well-being.

## Questions

Contact Sandra Savage at  
ssavage@fsphp.org / 978-347-0600



## Conference Objectives

- Develop evidence-based strategies and peer support resources to prevent healthcare professional burnout and decrease risk of suicide.
- Utilize and integrate outcomes of mental, behavioral health and addiction services provided by Physician Health Programs to reduce conditions related to job stress.
- Incorporate current methods to reduce barriers for health care professionals seeking support for their well-being and health including improvements in safe-haven legislation, rules, and regulations such as peer review, 42CFR, ADA, and HIPAA.
- Manage changes in licensure and/or credentialing which increases privacy of health information while balancing the role of patient safety.
- Critically review and analyze health care professional cases to improve best practices for identifying the prevalence, nature, and differential diagnosis of health care professionals at risk of substance use disorders.
- Examine key sources of stress and apply a strengths-based approach to improve fulfillment and well-being in health care professionals and organizations.
- Apply Physician Health Programs' data-driven models which match the health care professionals' needs for evaluation, referral, treatment, and/or monitoring when issues of aging, professional boundaries, and determining fitness for duty are required.

All speakers are asked to explore the impact of COVID-19 and topics on diversity, equality, and inclusion in relation to the health and well-being of health care professionals.

## Special Virtual Events

### DAILY OPENING MIXERS

Each conference day will begin with an opening mixer that will encourage engagement and interactivity.

### OPENING NIGHT SILENT AUCTION; April 1, 2021 at 5:30-6:45pm

The 2021 FSPHP Virtual Education Conference will feature a Silent Auction via the Handbid application platform. On our opening night, all exhibitors will be introduced, and silent auction donors and winners will be announced. Proceeds will benefit the Federation of State Physician Health Programs' mission to support physician health programs in improving the health of medical professionals, thereby contributing to quality patient care.

**DONATIONS WELCOME:** To donate an item, register for the Silent Auction and to submit your donated item. All donors and items will be recognized on the Silent Auction platform. Thank you for considering a donation and/or for your support by participating in our Opening Night Silent Auction. Email [ssavage@fsphp.org](mailto:ssavage@fsphp.org) with questions.

#### **SILENT AUCTION DEADLINES:**

Register to participate

**DONATE** Items between January 18th - February 28th

**MAIL** your donated items to FSPHP by March 5th

**BID** between March 8th - March 30th (by 12pm EST)

**ATTEND** our Opening Night Silent Auction Event: Winners Announced on April 1st at 5:30-6:45pm EST

### POSTER PRESENTATION SYMPOSIUM SHOWCASE; April 8, 2021 at 5:00-6:30pm

You do not want to miss the ever-growing FSPHP Poster Presentation Symposium Showcase on April 8, 2021 at 5:00-6:30pm EST. Watch the on-demand poster presentations and engage with speakers live. You will have the opportunity to vote for FSPHP Excellence in Research Poster Symposium Award.

### OPEN MUTUAL SUPPORT & GENTLE MINDFULNESS MEDITATION

Be sure to make the time for you and your mental health. Attend the Virtual Support Meetings and Virtual Gentle Mindfulness Meditation events on the mornings of April 8 and April 15.

## **SCHEDULE-AT-A-GLANCE** *(Subject to change)*

### **MARCH 30, 2021**

10:00am - 12:00pm	Pre-Conference Workshop
12:30pm - 2:00pm	FSPHP New Member Session
2:30pm - 4:30pm	Pre-Conference Workshop

### **APRIL 1, 2021**

11:00am - 12:00pm	Opening Day Morning Mixer - Introductions of our 2021 Exhibitors, Speakers, and Attendees
12:00pm - 1:00pm	General Session
1:00pm - 1:30pm	Break & Exhibitor Booth Viewing
1:30pm - 3:00pm	General Session
3:00pm - 3:15pm	Break & Exhibitor Booth Viewing
3:15pm - 4:00pm	Breakout Sessions A, B & C
4:00pm - 4:15pm	Break & Exhibitor Booth Viewing
4:15pm - 5:00pm	Breakout Sessions B & C
5:00pm - 5:30pm	Break & Exhibitor Booth Viewing
5:30pm - 6:45pm	FSPHP Silent Auction & Exhibitor Introductions

### **APRIL 8, 2021**

9:15am - 10:15am	Open Mutual Support Meeting
9:15am - 10:15am	Gentle Mindfulness Meditation and/or Yoga
10:15am - 10:30am	Break & Exhibitor Booth Viewing
10:30am - 11:00am	Morning Mixer—Welcome Remarks, Introductions of Exhibitors and Speakers
11:00am - 12:00pm	General Session
12:00pm - 12:15pm	Break & Exhibitor Booth Viewing
12:15pm - 1:30pm	General Session
1:30pm - 2:15pm	Lunch Break & Exhibitor Booth Viewing
2:15pm - 3:15pm	Breakout Sessions A, B & C
3:15pm - 3:30pm	Break & Exhibitor Booth Viewing
3:30pm - 4:30pm	General Session
4:30pm - 5:00pm	Break & Exhibitor Booth Viewing
5:00pm - 6:30pm	Poster Symposiums Showcase

### **APRIL 15, 2021**

9:15am - 10:15am	Open Mutual Support Meeting
9:15am - 10:15am	Gentle Mindfulness Meditation and/or Yoga
10:15am - 10:30am	Break & Exhibitor Booth Viewing
10:30am - 11:00am	Morning Mixer - Diamond and Emerald Panel Session & Poster Symposium Winners Announced
11:00am - 12:00pm	General Session
12:00pm - 12:15pm	Break & Exhibitor Booth Viewing
12:15pm - 1:15pm	Breakout Sessions A, B & C
1:15pm - 2:00pm	Lunch Break & Exhibitor Booth Viewing
2:00pm - 2:45pm	Breakout Sessions A & B
2:45pm - 3:00pm	Break & Exhibitor Booth Viewing
3:00pm - 3:45pm	General Session
3:45pm - 5:00pm	General Session
5:00pm - 5:30pm	Closing Remarks

### **APRIL 29, 2021**

3:00pm - 5:00pm	FSPHP Annual Business Meeting*
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*\*FSPHP Annual Business Meeting is open to FSPHP Physician Health Program members which include state, associate, honorary, and international members.*

# REGISTRATION INFORMATION

## FSPHP 2021 VIRTUAL EDUCATION CONFERENCE REGISTRATION & FSPHP ANNUAL BUSINESS MEETING FEES:

### REGISTRATION FEES:

The registration fee includes participation and access to all sessions and presentations, virtual exhibit hall, Silent Auction and all other conference related events. Access to the virtual conference platform will begin approximately one month prior to the conference dates and will remain live and accessible to registrants for no less than one year after the event.

	Members	Non-Members	Residents & Fellows*	Students**
Registration rec'd on/by February 28, 2021	\$450.00	\$550.00	\$200.00	\$175.00
Registrations rec'd March 1 – 19, 2021	\$500.00	\$600.00	\$250.00	\$225.00
Registrations rec'd after March 19, 2021	\$550.00	\$650.00	\$300.00	\$275.00

\*Residents & Fellows must submit a letter from their training program in order to receive the resident rate.

\*\*Student rate available to the first 25 graduate or medical students.

Email Sandra Savage at [ssavage@fspHP.org](mailto:ssavage@fspHP.org) for more information and to receive a discount code.

### CANCELLATION POLICY & DEADLINES:

- Full refund minus \$50.00 processing fee: February 28, 2021
- 50% refund minus \$50.00 processing fee: March 19, 2021

## Program Planning Committee

Martha Brown, MD, Co-Chair  
Doris Gundersen, MD, Co-Chair  
Terrance Bedient, FACHE  
Chris Bundy, MD, MPH, FASAM  
Mary Ellen Caiati, MD  
Dianne Gay  
P. Bradley Hall, MD, DABAM  
Scott Hambleton, MD, DFASAM  
Philip Hemphill, PhD  
Amanda Kimmel, MPA  
Robin McCown  
Ben Seymour, CADC, CIP  
Sara Shelton  
Craig Uthe, MD  
Linda Bresnahan, MS  
Sandra Savage

Professionals Resource Network, Inc.  
Colorado Physician Health Program  
Committee for Physician Health - Medical Society of NY  
Washington Physician Health Program  
Colorado Physician Health Program  
Georgia Professional Health Program  
West Virginia Medical Professionals Health Program  
Mississippi Physician Health Program  
Tulane University  
Colorado Physician Health Program  
Georgia Professional Health Program, Inc.  
Idaho Physician Recovery Network  
Georgia Professional Health Program  
Midwest Health Management Services, LLC  
FSPHP, Executive Director  
FSPHP, Membership & Meeting Coordinator